

Day: (1) Monday

Emphasis: Offense (1 Platoon)

Walks:

S2A Concepts -

TEAMS -

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Groups/Team	Indy/Units
Skill Warms: Pat/n/Go	Line Warms: Duck Walks
Special Teams Fair (attached diagram)	Special Teams Fair
1. Teams:	R.O.T. —
2. O-GPS Shell:	O-Line:
3. O-GPS Shell:	O-Line:
4. Teams:	R.O.T. —
5. O-GPS Shell:	O-Line:
6. O-Inside Run	Rec:
7. D-Inside Run	Rec:
8. O-S27	O-Line:
9. D-S27	O-Line:
10. O-11-11	Team (all players in team)
11. O-11-11	Team (all players in team)
12. D-11-11	Team (all players in team)

Indy/Opps