

Day: (2) Tuesday Emphasis: Defense (1 Platoon)

Walks:

S2A Concepts -

TEAMS -

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Groups/Team	Indy/Units
Skill Warms: Pat/n/Go	Line Warms: Duck Walks
Special Teams Fair (attached diagram)	Special Teams Fair
1. Teams:	R.O.T. —
2. D-GPS Shell:	O-Line:
3. D-GPS Shell:	O-Line:
4. Teams:	R.O.T. —
5. D-GPS Shell:	O-Line:
6. D-Inside Run	Rec:
7. O-Inside Run	Rec:
8. D-S27	O-Line:
9. O-S27	O-Line:
10. D-11-11 Situational -	Team (all players in team)
11. D-11-11 Situational -	Team (all players in team)
12. O-11-11 Situational -	Team (all players in team)

Indy/Opps